Boys Basketball Expectations

- 1. You are expected to perform in the classroom. Eligibility should not be an issue for any of our players. If you cannot perform in the classroom how can we expect you to perform on the court. A goal for each level of our program is to have no students with a D or an F in any of their classes.
- 2. If you have any points on the weekly eligibility check you will work with teacher and coaches to fix the situation on a daily basis.
- 3. It is a privilege not a right to participate in extra curricular activities.
- 4. Playing time is not guaranteed to anyone but instead is earned throughout the year.
- 5. Feel free to ask to speak to coaches at every level of the program. If concerns come up at a game please wait to contact anyone on the staff until the next morning.
- 6. No excuses
- 7. Be a leader
- 8. Be a good listener
- 9. You are expected to be on time to all activities. If you are going to be late for any reason call your coach ahead of time or as soon as possible. Being late for any activity will be dealt with on an individual basis by the coaching staff.
- 10. Lying will not be tolerated in this program and will be severely punished.
- 11. There should be no detentions of any type. These will be dealt with by the coaching staff and the athletic handbook.
- 12. Everyone is expected to behave in an appropriate manner during games. This includes all players, coaches, and parents.
- 13. You are expected to dress appropriately for both home and road games as determined by your coach. You are expected to behave properly when in attendance of any basketball game.
- 14. You are expected to take care of each piece of equipment including any part of your uniform that is assigned to you.
- 15. Lock your athletic locker at all times
- 16. All cell phones and I-Pods need to be put away while any of our teams are playing.
- 17. All final rule interpretations are made by Coach Moore

Absences

- You are expected to call before the start of any games, practices, or activities where you will be absent. This includes days where you are sick.
- Call or text your coaches as well as call Coach Moore's or Coach Regnier's school phone to notify.
- Leave a message if you do not get in contact with the coach.
- Call into coach even if you are not attending school for that day
- If you fail to contact a coach before missing an event it is automatically considered to be an unexcused absence.
- Unexcused absences will not be tolerated by the basketball team.
- Coaches are given the final choice on determining whether or not an absence is excused.

You are expected to not miss any games or practices for vacations and trips throughout the season. Things do come up and decisions have to be made by everyone involved. Please work with the coaching staff as early as possible on any situation that may arise.

1st Unexcused situation results in loss of playing time. 2nd Unexcused situation results in suspension of 1 game. 3rd Unexcused situation results in being dismissed from the team.

Practice Rules

- Do not wear anything to practice that you will wear or need for your P.E. classes. You will never be given permission to enter the athletic locker room during the school day so do not share anything in between the two locker rooms.
- You are expected to be in the gym and watching the games together as a team.
- You need to have your practice jersey and a black shirt underneath it at every practice.
- You are expected to be on the court 10 minutes before each practice starts.
 - o -For 3pm practices we will start stretching together as a team at 3 sharp.
- Parents and players need to communicate on when they need to be picked up from practice. Athletes should not wait until they have gotten dressed after practice to call for a ride. Please respect the time of all of the coaches. Every attempt will be made to end practice on time everyday. On certain days there will be time available for players to shoot or work on their skills after practice and we will try to let them know ahead of time if this is possible or not.
- Don't ever talk to another player while a coach is talking. We have no time to repeat what has already been said
- Players are responsible for shooting and documenting with assistant coaches 100 free throws per week.
- No iswelm

Date:

| Coaches Contact Info: | | |
|----------------------------------------------------|--------------------|--|
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